## Improving the Radiopacity of Calcium Aluminate Cement Based Blends

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The radiopacity of CAC-based compositions containing additives (ZnO, Ag and  $Bi_2O_3$ ) was evaluated by optical density measurements, cold crushing strength, apparent porosity, pore size distribution, in vitro apatite-formation ability (bioactivity) and cell viability. The bioactivity was assessed via pH and calcium concentration measurements in simulated body fluid (SBF) for samples previously treated or not with sodium silicate (SS) solution. The surface of the samples after treatment was analyzed by scanning electron microscopy, energy dispersive X-ray analysis and confocal Raman spectroscopy. Cell viability was evaluated by MTT and alkaline phosphatase (ALP) activity. Radiopacity results confirmed that compositions containing ZnO-Ag (25:1 wt%) and ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) presented suitable values of radiopacity (> 3 mmAl). The identification of calcium and mainly phosphorus by EDX, highlighted the generation of an apatite-like layer on the compositions' surface after immersion in SBF or SBF/SS. CAC-blend containing 25 wt% ZnO, ZnO-Ag and ZnO-Bi<sub>2</sub>O<sub>3</sub> presented slightly lower cell viability compared to the positive control.

Keywords: calcium aluminate blends, bioactivity, osteoblastic cell viability, radiopacity.

## 1. Introduction

Calcium aluminate cement (CAC) has great potential as biomaterial for repairing bone defects, as its chemical composition and thermal expansion coefficient are similar to teeth and human bones<sup>1,2</sup>. Mixtures of CAC + zirconia containing compositions were developed to stabilize compressive vertebrae fractures, leading to similar mechanical strength values to PMMA (polymethyl methacrylate)<sup>3</sup>. When evaluated in sheep's vertebrae, CAC-based mixtures showed less inflammation and better compatibility to the bone tissue than PMMA<sup>3</sup>.

Recently, some of the authors<sup>4</sup> evaluated the properties of CAC-based mixtures containing different amounts of various compounds (alumina, zirconia, zinc oxide, hydroxyapatite, tricalcium phosphate, chitosan or collagen) and compared them with commercial products used in dentistry (MTA and glass ionomers) and orthopedics (PMMA). Particularly, 4 wt% zinc oxide-containing mixture attained similar or higher mechanical strength than PMMA.

Considering that biomaterials for fractured vertebrae treatments must present high mechanical resistance due

to the stresses faced<sup>3</sup>, compositions with zinc oxide were the most promising ones<sup>4</sup>. Besides that, ZnO-containing composites are non-cytotoxic and have the ability to induce the precipitation of important compounds for the mineralization process when in the presence of the simulated body fluid (SBF) solution. Not only  $Zn_3(PO_4)_2$ , but also hydroxyapatite and other phosphates are expected to be generated when ZnO is applied as biomaterial<sup>5</sup>.

However, a CAC-based blend containing 4 wt% of zinc oxide did not present suitable radiopacity<sup>4</sup>, which is an indispensable requirement for dental materials, as it enables professional dentists to identify and delimitate the tooth-restoration interface. Low radiopacity biomaterials may lead to erroneous analysis<sup>6</sup>. Furthermore, high radiopacity is required for some vertebral compression fracture treatments that require cement injections. In this case, properly identifying the biomaterial after application is fundamental to prevent the material leaking to the spine or veins<sup>3</sup>. ISO 6876/2001 standards established that endodontic filling materials should present radiopacity higher than 3.0 mm Al. According to ANSI/ADA, endodontic cements should be at least 2.0 mm Al more radiopaque than dentin or bone<sup>7</sup>.

Material radiopacity is changed by adding a suitable content of particles containing heavy metals such as bismuth (Z=83), silver (Z=47) or zinc (Z=30)<sup>8,9</sup>. Zinc oxide is used in dental materials for prosthetic and implant purposes and does not present toxicity10. Some formulations comprise zinc oxide to which silver is added to increase the radiopacity<sup>11</sup>. The drawback is that silver is prone to induce discoloration of the dentine. This is a particular problem for the coronal access cavity and affects the tooth appearance. Sealer formulations have replaced silver by bismuth compounds<sup>11</sup>, which is a well-known radiopacifying agent. MTA contains a high content of bismuth oxide and shows high radiopacity levels as a consequence of the X-ray absorption of this compound<sup>6</sup>. Nevertheless, some investigations reported that this additive can induce porosity and reduce the mechanical strength of cement-based samples<sup>12,13</sup>. A mixture of 15%ZnO:10%Bi<sub>2</sub>O<sub>2</sub> added to calcium aluminate cement resulted in suitable radiopacity values (> 3.0 mm Al) for clinical purposes, without affecting the mechanical properties of the samples<sup>13</sup>.

Considering these aspects, this paper focuses on evaluating the bioactivity and cell viability of CAC blends by adding ZnO-Ag (25:1 wt%) and ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) when compared to ZnO containing composition (4 and 25 wt%).

The bioactivity of ceramics is defined by its reaction with the body fluid. Bioactive ceramics form a layer of biologically active bone-like apatite on their surfaces after being implanted in bone defects. It is therefore, an important indicative when ceramic materials build-up a bone-like apatite layer on their surfaces after exposure to the body environment<sup>14</sup>. One common method that has been used for testing in vitro bioactivity is to quantify the apatite-formation ability in SBF<sup>15,16</sup>. The detection of apatite formation on the surface of a material in SBF is useful for predicting the in vivo bone bioactivity of the material. Furthermore, it can help to reduce both the number of animals used for testing and the time length of the experiments, speeding up the development of new types of bioactive materials<sup>15</sup>. In vitro cytotoxicity studies (or cell viability) are also powerful and simple tools to assess biocompatibility of new materials. These tests complement the in vitro apatite deposition results, which are also presented in this work.

## 2. Experimental Procedures

Compositions in this study were prepared by dry-ballmixing for 1h calcium aluminate cement (Kerneos Aluminates, France<sup>17</sup>) with a dispersant Castament FS60 (0.6 wt%, Basf, Germany) and a plasticizer CaCl<sub>2</sub>.2H<sub>2</sub>O (2.8 wt%, Labsynth, Brazil). For this general composition, called CACH, either one of the following high purity radiopacifiers additives was used: (1) zinc oxide (ZnO,  $D_{50}$ = 0.8 µm, Synth, Brazil), (2) silver (Ag,  $D_{50}$ = 6.0 µm, MH Nano, Brazil), (3) bismuth oxide (Bi<sub>2</sub>O<sub>3</sub>,  $D_{50}$ = 8.0 µm, Vetec, Brazil) or their mixtures.

After the additive incorporation, materials were dry-ballmixed for 1h resulting in the following compositions: (1) CACH, (2) CACH-ZnO (4 and 25 wt%), (3) CACH-Ag (1 wt%), (4) CACH-Bi<sub>2</sub>O<sub>2</sub> (25 wt%), (5) CACH-ZnO-Ag (25:1 wt%), and (6) CACH-ZnO-Bi2O2 (15:10 wt%). Following that, aqueous suspensions (80 wt% of solids) were prepared using a lab mixer and cylindrical samples were molded (diameter = 10 mm and height = 1 mm) for measurements of radiopacity. Some of these compositions were selected for other tests. Cylindrical samples were also molded (diameter = 10 mm and height = 1 mm) for measurements of the apatite-forming ability on their surfaces. Other sets of these samples (diameter = 16 mm and height = 18 mm) were prepared to analyze their properties (cold crushing strength, apparent porosity and pore size distribution) and for pH and calcium concentration measurements (diameter = 11 mm and height = 4 mm). The samples were kept at 37°C for 24h in a water saturated environment, demolded and dried at 37°C for another 24h.

Radiopacity measurements consisted of placing the samples on aluminum stair steps (99%, alloy 1100) with a thickness of 1-10 mm above an occlusal film (Insight Carestream dental, Kodak) IO-41 Oclusal (REF 1169143, Lot 56301405). Tests were carried out in X ray equipment (Procion, ION 70X, Brazil, 70 KV and 8 mA). The focus-object distance was 20 cm and the exposition time was 0.32 s. The films were manually processed in a dark room according to the time/ temperature ratio recommended by the manufacturer (Kodak, Manaus, Brazil), where they were initially kept for 3 min in an X ray developing solution, washed in water for 30 s, placed in a fixing solution for 3 min, washed again in water for 10 min and dried. Based on the attained radiographs, the optical density (OD) of the samples and for each step of the aluminum stack was defined using a photo densitometer (MRA Industry Electronic Equipment Ltd., Ribeirão Preto, Brazil). The optical density results obtained from this study represent an average of 4 measurements carried out for each composition. The collected data were also adjusted by a polynomial fitting in order to obtain the equivalent value of radiopacity in mm Al.

Uniaxial cold crushing strength tests (ISO 9917-1) of five samples of each prepared composition were carried out under a crosshead rate of 0.15 mm/min in mechanical testing equipment (DL 10000, EMIC, Brazil). The modulus of rupture ( $\sigma_p$ , MPa) was calculated as follows:

$$\sigma_R = \frac{4P}{\pi D^2} \tag{1}$$

where P(N) is the maximum applied load and D (mm) is the average sample diameter.

Apparent porosity (AP) was measured via the Archimedes method (ASTM C830), where the dried  $(M_s)$ , immersed  $(M_i)$ , attained after keeping the samples for 1h under vacuum in

kerosene,  $\rho = 0.8 \text{ g/cm}^3$ ) and humid  $(M_u)$  masses of three samples for each composition were considered in order to calculate this property (Eq. 2).

$$AP = \left(\frac{M_u - M_s}{M_u - M_i}\right) x 100 \tag{2}$$

Apparent porosity measurements were carried out in dried materials at 110°C for 24h, which were classified as "without treatment (WT)" tests. Other cast cylinders were also placed in contact with simulated body fluid (SBF) solution at 37°C for 7 days. Humid samples were then subjected to uniaxial compression tests, whereas others were dried at 110°C for 24h and their apparent porosity was evaluated ("with SBF treatment").

For pore size distribution analysis, the samples were placed in contact with SBF<sup>18</sup> solution at 37°C for 7 days followed by drying at 110°C for another 24h. Samples were evaluated using the mercury intrusion porosimetry technique (Autopore IV 9500 equipment, Micromeritics, USA) before and after treatment with SBF. This method is based on the Washburn equation (Eq. 1), where *D* is the pore diameter, *P* is the applied pressure (Pa),  $\gamma$  is the mercury surface tension (J/m<sup>2</sup>) and  $\varphi$  is the contact angle assumed to be (130°) between the mercury and the sample. The mercury volume (*V*) that penetrates the pores is directly measured as a function of the applied pressure.

$$D = 4\gamma P^{-1}\cos(\phi) \tag{3}$$

For pH and calcium concentration evaluations, samples were placed into plastic containers with 33 mL of SBF solutions and kept at 37°C for 21 days. The measurements were carried out at certain time intervals, using a pH sensor connected to an automatic data recorder system (MA 522/E, Marconi, Piracicaba, Brazil) and a selective sensor for calcium ions (series 930, Aprolab, Brazil).

According to the literature<sup>19</sup>,samples were also placed into plastic containers with 19 mL of SBF solutions in order to maintain a surface area to SBF volume ratio of 0.1 cm<sup>-1</sup>, because this ratio affects the in vitro degradation process of bioactive materials. Afterwards, the samples were kept for 21 days under stirring at 37°C with the help of a shaker (MA420, Marconi) and gently rinsed with deionized water, followed by drying at room temperature<sup>19</sup>.

The surfaces of the gold-coated samples were analyzed by scanning electron microscopy (SEM, EVO MA10 Zeiss) and energy dispersive X-ray analysis (EDX). The surfaces of the samples were also analyzed by confocal Raman spectroscopy (Rivers diagnostic system, model 3510) coupled to a red laser with a 785nm wavelength and X-ray diffraction (Philips X'Pert MRD high-resolution diffractometer) using the thin film configuration. In this configuration, the Cu X-ray tube is set to line focus. The incident beam optics is composed of a Ni filter, a Soller slit and a 1/8° divergence slit. The diffracted beam optics uses a parallel beam collimator and a flat crystal graphite monochromator before the detector. Using this configuration, it is possible to perform grazing incidence X-ray diffraction measurements at varied incidence angles ( $\omega$ ). The data analysis was performed using X'Pert Quantify computational package.

The same tests described above were also carried out using samples previously treated for 7 days with sodium silicate (SS) solution (33 or 19 mL depending on the sample size).

The SBF solution was prepared as described in Table 1, using the reactants amount/inorganic ions concentration ratio higher than 1.5 (SBF 1.5) in order to speed up the apatite generation.

 Table 1. Reagents used to prepare 1L of simulated body fluid solution (SBF).

Reagents	SBE 1.5
Reagents	551 1.5
water	400 mL
NaCl	11.992 g
NaHCO <sub>3</sub>	0.529 g
KCl	0.335 g
$K_2HPO_4$	0.261 g
MgCl <sub>2</sub> .6H <sub>2</sub> O	0.458 g
HC1 0.1M	15 ml
CaCl <sub>2</sub> .2H <sub>2</sub> O	0.551 g
$Na_2SO_4$	0.107 g
(CH <sub>2</sub> OH) <sub>3</sub> CNH <sub>2</sub> 0.05M	Required amount to adjust pH= 7.25
HCl 0.1M	Required amount to adjust pH= 7.25

For the cell viability analysis, samples (diameter = 6 mm and height = 2 mm) were prepared and demolded under sterile conditions (laminar flow cabinet) and cured at 37 °C for 24 hours in a saturated environment (relative humidity = 100%). After that, samples were dry-sterilized at 110 °C for 24 hours, followed by exposure to an ultraviolet germicidal lamp for 20 minutes.

Osteoblastic cells derived from human osteosarcoma (SAOS-2, ATCC HTB-85) were grown as monolayer cultures in T-75 flasks (Corning Inc., NY, EUA) containing 10 mL of McCoy's 5A medium (Sigma St Louis, MO, EUA), which was enriched with 15% fetal bovine serum (Invitrogen, Carlsbad, CA, EUA), 100 ug/mL of streptomycin and 100 UI/mL of penicillin (Gibco, Gran Island, NY, EUA). This enriched medium was kept at 37°C in a humidified environment containing 5% CO2 and 95% of atmospheric air. After confluence (a condition where a suitable number of adherent cells in a culture dish is attained), the cells were detached with ethylenediaminetetraacetic acid (EDTA solution - 1 mM, Gibco) and trypsin (0.25%, Gibco) for 2 minutes. A fixed cell quantity (2x10<sup>4</sup>) was analysed in triplicate, using a culture dish with 24-wells. The cells were cultivated in an osteogenic medium enriched with 7 mM of  $\beta$ -glicerophosphate (Sigma) and 50  $\mu$ g/mL of ascorbic acid (Sigma) for 24 hours.

The samples were placed on polycarbonate membrane inserts (pore size 3  $\mu$ m, Greiner Transwell) and the cell exposure was carried out for periods up to 7 days. Nonexposed cultures and those exposed to culture medium containing 10 vol% of dimethyl sulfoxide (DMSO) were used as positive and negative controls, respectively.

One day after the samples' exposure to the cell culture, the cell viability test (which evaluates the cell ability to maintain or recover viability) was carried out via 3-[4,5-dimethylthiazol-2-yl]-2,5- diphenyl tetrazolium bromide (MTT, Sigma) reduction<sup>20</sup>. In this test, a culture medium containing 10 vol% of MTT (5 mg/mL) was added to the wells. The culture dish was incubated at 37°C for 4 hours in a humidified environment containing 5% CO<sub>2</sub> and 95% of atmospheric air. After this period, the cultures were washed in 1 ml of warmed phosphate-buffered saline (PBS, Gibco, Glasgow, UK). Afterwards, 1 mL of acid-isopropanol solution (100 mL of 2-propanol and 134 µL oh HCl) (Sigma) was added to each well. The culture dishes were stirred for 5 minutes to complete solubilization of the precipitate formed and 150 µL of the solution was transferred to a new culture dish for optical density reading (570 nm; µQuant, Biotek, Winooski, VT, USA). The results were expressed as absorbance and the comparisons were carried out using the non-parametric Kruskal-Wallis test (One-way ANOVA) for independent samples, followed by the Student-Newman-Keuls method, when appropriate. The level of significance was established at 5%.

On day 7, the in-situ ALP activity was evaluated by *Fast* red TR dye marking<sup>21</sup>. The culture medium was withdrawn and the wells were washed in 1 mL of PBS heated up to 37 °C. After that, 1 mL of tris-buffered solution (120 mM, pH 8.4, Sigma-Aldrich, St. Louis, MO, USA) containing *Fast* red TR (1.8 mM, Sigma), naphthol-AS-MX-phosphate (0.9 mM, Sigma) and dimetilformamide (1:9, Merck) was added to each well, followed by incubation in culture conditions for 30 minutes. Macroscopic images of the cultures were obtained for qualitative assessment of ALP activity.

### 3. Results and Discussions

The radiopacity for each tested composition, expressed in millimeters of equivalent aluminum, is shown in Figure 1. As expected, a decrease in OD was observed with an increase in the radiopacity<sup>10</sup>. The results confirmed that the CAC-based composition containing ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) presented a suitable value of radiopacity (> 3 mmAl) which is higher compared to those containing ZnO (4 and 25 wt%). On the other hand, the ZnO-Ag (25:1 wt%) composition presented suitable radiopacity (nearly 3 mmAl) for clinical purposes and both (with Bi<sub>2</sub>O<sub>3</sub> or Ag) fit the ISO 6876/2001<sup>7</sup>.



**Figure 1.** Mean radiopacity values expressed as aluminum thickness (mm Al) and the optical density for the compositions: CACH, CACH-ZnO (4 and 25 wt%), CACH-Ag (1 wt%), CACH-Bi<sub>2</sub>O<sub>3</sub> (25 wt%), CACH-ZnO-Ag (25:1 wt%), and CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%).

The crushing strength attained for the evaluated samples is also an important property, especially when considering likely candidates for orthopedic applications. For these applications, the material should present mechanical properties in agreement with the specific function of the implant. Thus, in this study, some compositions were also evaluated under uniaxial cold crushing strength after 7 days of curing in SBF (Table 2). The blends showed lower mechanical values than cortical bone (130-190 MPa). Apparent porosity results before and after the samples' contact with the SBF solution at 37°C for 7 days are also presented in Table 2. Ag radiopacifier compound resulted in the highest values even when added at a lower content. The lower benefit of Bi<sub>2</sub>O<sub>2</sub>, although it is the best radiopacifier additive, is associated to their particle morphology having an elongated shape resulting in higher porosity and smaller mechanical strength<sup>13</sup>. All compositions showed a reduction in the apparent porosity after treatment with the SBF solution.

The pore size distribution of the sample containing 4 wt% of ZnO was also affected by the higher addition of this oxide (25 wt%) or when combined with Ag and  $Bi_2O_3$ , as shown in Figure 2, leading to smaller pores before their contact with the SBF solution.

Figure 2b also shows a significant displacement of the pore size distribution for lower values after the treatment with the SBF solution. This trend was observed for all studied compositions. This behavior can be associated to apatite precipitation on the materials' surface in SBF solution indicating its bioactivity<sup>5</sup>, as the precipitated phosphates (derived from the interaction of the cements with the compounds available in the SBF solution) coat the solid surface and fill in the pores, reducing their apparent porosity after treatment with the SBF. Consequently, the overall pore size of the studied samples was greatly reduced when compared to the materials before their treatment with SBF. SBF is metastable and it will attain thermodynamic stability by forming precipitates, including different CaP phases. Hydroxyapatite is the most thermodynamically stable phase in the SBF solution<sup>22</sup>.

Compositions	Uniaxial cold crushing strength (MPa)	Apparent porosity (without SBF) %	Apparent porosity (with SBF) %
ZnO (4 wt%)	93.3±11.2	11.9±0.4	2.1±0.2
ZnO (25 wt%)	99.4±3.2	16.3±0.7	3.0±0.2
ZnO:Ag (25:1 wt%)	101.5±5.0	$17.4{\pm}0.1$	$2.8{\pm}0.3$
ZnO:Bi <sub>2</sub> O <sub>3</sub> (15:10 wt%)	93.4±1.8	18.0±0.3	2.6±0.3

Table 2. Uniaxial cold crushing strength and apparent porosity for the compositions evaluated.



**Figure 2.** Pore size distribution for CACH-ZnO (4 wt%), CACH-ZnO (25 wt%), CACH-ZnO-Ag (25:1 wt%) and CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) compositions. All samples were evaluated (a) before and (b) after their contact for 7 days with the simulated body fluid (SBF) solution at  $37^{\circ}$ C.

This coating is an ideal method to produce hydroxyapatite layers on materials for biomedical applications. By this method, a bone-like apatite surface can be produced in an acellular SBF, where the ions present are similar to those of the inorganic compounds of human blood plasma. Two steps are involved in the process: i) nucleation and ii) precipitation and growth of the apatite layer<sup>23</sup>.

Scanning electron microscopy (SEM) and energy dispersive X-ray analysis (EDX) of compositions' samples without treatment in SBF are shown in Figure 3. SEM and EDX after SBF without previous treatment and after their contact for 7 days with sodium silicate (SS) solution at 37°C, are shown in Figure 4. The surface Ca/P ratios of the blends after immersion in SBF without previous treatment and after their contact with SS, were quantified by EDX and shown in Table 3.

SEM analyses attested that the precipitation of phases occurred on the samples' surface, before (SBF) and after their contact with sodium silicate solution (SBF/SS). The addition of silver and bismuth oxide did not affect the bioactivity of the samples.

The identification of calcium and mainly phosphorus by EDX highlighted the formation of calcium phosphate phases



Figure 3. Scanning electron micrographs (SEM) and energy dispersive X-ray analysis (EDX) for (a) CACH-ZnO (4 wt%), (b) CACH-ZnO (25 wt%), (c) CACH-ZnO-Ag (25:1 wt%) and (d) CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) without treatment in SBF.



**Figure 4.** Scanning electron micrographs (SEM) and energy dispersive X-ray analysis (EDX) for (a, e) CACH-ZnO (4 wt%), (b, f) CACH-ZnO (25 wt%), (c, g) CACH-ZnO-Ag (25:1 wt%) and (d, h) CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%). All samples were evaluated after 21 days in SBF at 37°C: (a-d) before treatment and (e-h) after previous treatment for 7 days with sodium silicate (SS) solution at 37°C.

such as hydroxyapatite. In addition to these elements, the presence of aluminum was also observed. CaO and  $Al_2O_3$  are the main chemical constituents of CAC which comprises CA and CA<sub>2</sub> phases (C stands for CaO and A for  $Al_2O_3$ ). For most of the compositions Ca/P ratio < 1.67 was detected what strongly suggests the formation of hydroxyapatite.

Calcium phosphate coating was firstly grown on a substrate by a process using bioactive CaO-SiO<sub>2</sub>-based

glass that was placed in contact with the substrates to induce apatite nucleation on their surface in SBF. Silicate ions containing silanol groups are supposed to be released from the bioactive glass and adsorbed on the substrate surface to induce apatite formation<sup>24</sup>.

The silicate phase  $(Ca_2SiO_4)$  favors the hydroxyapatite generation in SBF medium, which can also stimulate the deposition of mineralized tissue on the biomaterial surface and

Table 3. Surface Ca/P ratio (atomic % quantified by EDX) for CACH-ZnO (4 and 25 wt%), CACH-ZnO-Ag (25:1 wt%) and CACH-ZnO-Bi2O3 (15:10 wt%). All tests were conducted after 21 days, using samples treated with SBF or SBF/SS.

Compositions	Ca/P ratio in SBF	Ca/P ratio in SBF/SS
CACH-ZnO (4 wt%)	$1.41 \pm 0.06$	$1.97{\pm}0.02$
CACH-ZnO (25 wt%)	$1.55 \pm 0.34$	$1.61 \pm 0.27$
CACH-ZnO-Ag (25:1 wt%)	$1.45{\pm}0.21$	1.49±0.16
CACH-ZnO-Bi <sub>2</sub> O <sub>3</sub> (15:10 wt%)	1.39±0.06	$1.46{\pm}0.07$

induce further integration of the latter with the surrounding *in vivo* components<sup>25,26</sup>. However, there is another method in which the nucleant agent is a sodium silicate solution (SS). After treatment of samples in SS solution, their immersion into 1.5 SBF was carried out. This procedure is adopted so that the reactions could occur as follows: i) adsorption of silicate ions from the solution on the ceramic surface; ii) nucleation of hydroxyapatite on the adsorbed ions and iii) growth of the hydroxyapatite nuclei and the layer build up. The Si-OH groups, formed by the adsorption of the SS solution. After that, its growth is spontaneous as a consequence of subsequent depositions of calcium and phosphates ions that are present in the solution<sup>23</sup>.

These results indicated the affinity of the hydroxyapatite precipitates with CAC-based ceramic, suggesting that the compositions studied have suitable surface features to become bioactive having excellent interaction with living tissues. Thus, it is not necessary a previous treatment with a nucleant agent such as sodium silicate solution.

An alternative technique to follow the apatite precipitation on bioactivity compounds is by measuring the pH evolution of the SBF solution in contact with the samples. Studies related to the interaction of osteoblastic cells with niobium pointed out the formation of a surface layer of calcium phosphate due to niobium alkalinization, which may favor the repairing process of hard tissues<sup>27</sup>. Some studies have also shown that  $\alpha$ -C<sub>3</sub>P ceramics favor proliferation and expression of osteoblasts, most likely because of the release of calcium and phosphate ions in concentrations that stimulate the osteogenic activity of cells<sup>28,29</sup>.

Initially the contact of biomaterial with SBF induces the increase of calcium ions in the liquid medium due to the migration of such species from the solid to the solution. Afterwards, the reaction of these calcium ions with  $PO_4^{-3}$ contained in the liquid result in the precipitation of a calcium phosphate layer on the sample surface<sup>30,31</sup>.

Changes in the  $Ca^{2+}$  ions concentration in the SBF solution can also be used for this purpose, where their quantitative chemical analysis over time can help to identify the reaction stages to generate calcium phosphate layers<sup>30</sup>. The decrease of calcium ions in the SBF medium indicates the consumption of these species for the apatite formation on the samples' surface.

In fact, the increase in pH and calcium ions concentration reduction were detected for all compositions studied when compared to plain SBF. The pH and calcium concentration variation in the SBF solutions using samples before and after their contact with sodium silicate solution (SBF/SS) are shown in Figures 5 and 6, respectively. Due to the difficulty to prepare SBF solutions with high stability, spontaneous precipitation by contact with  $CO_2$  from the air during the immersion period, can occur. In order to consider this effect plain SBF was used as control. Thus, the change of pH and the  $Ca^{2+}$  concentration compared to plain SBF occurred due to the sample-SBF contact.



Figure 5. (a) pH and (b) calcium concentration variation in SBF as a function of the time for CACH-ZnO (4 wt%), CACH-ZnO (25 wt%), CACH-ZnO-Ag (25:1 wt%) and CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) compositions. Pure SBF was used as control.



**Figure 6.** (a) pH and (b) calcium concentration variation in SBF as a function of the time for CACH-ZnO (4 wt%), CACH-ZnO (25 wt%), CACH-ZnO-Ag (25:1 wt%) and CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) compositions. All samples were evaluated after contact with sodium silicate (SS) solution at 37°C for 7 days. Pure SBF was used as control.

The *in situ* apatite precipitation may help to prevent the formation of secondary caries (derived from remaining voids between the filling material and the teeth) and consequently the replacement of the dental restoration. Moreover, strong bonding and apatite precipitation are parameters that make tooth restoration more similar to its original structure, which are desired features especially when comparing cements to other filling products, such as amalgam<sup>32</sup>.

The presence of the Raman signature at 960 cm<sup>-1</sup> corresponding to the phosphate group, attests the formation of an apatite-like layer on the compositions' surfaces after immersion in SBF or SBF/SS (Figure 7).

In the range between 900 and 1100 cm<sup>-1</sup>, the presence of the functional groups  $PO_4^{3-}$  and  $CO_3^{2-}$  derived from carbonate



**Figure 7.** Raman spectra for CACH-ZnO (4 wt%), CACH-ZnO (25 wt%), CACH-ZnO-Ag (25:1 wt%) and CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%). All samples were evaluated after 21 days in SBF at 37°C, (a) without previous treatment and (b) previously treated for 7 days with sodium silicate (SS) solution at 37°C.

hydroxyapatite is expected<sup>33,34</sup>. The latter is the main mineral phase of bone, which is a bioceramic composite that also comprises the organic phase, mainly collagen<sup>22</sup>. Type-B carbonate substitution is very frequent in bone, mainly when a phosphate ion (PO<sub>4</sub><sup>3-</sup>) found in an apatite crystal is replaced by a carbonate ion (CO<sub>3</sub><sup>2-</sup>)<sup>35</sup>.

The Raman spectrum of the main vibrational modes of carbonate hydroxyapatite (enamel) showed peaks at 586 cm<sup>-1</sup>, attributed to phosphate  ${}_{i4}PO_4{}^{3-}$  vibrations, and at 960 cm<sup>-1</sup>, related to the  ${}_{i1}PO_4{}^{3-}$  one. Peaks at 1043 and 1073 cm<sup>-1</sup> were associated to bending and stretching modes of carbonate (CO<sub>3</sub><sup>2</sup>, type B carbonate), respectively<sup>36</sup>.

In the present work, the presence of peaks at 1043 and 1073 cm<sup>-1</sup> indicating carbonate hydroxyapatite formation was also detected. Furthermore, peaks corresponding to the carbonate group of the calcium carbonate (1088 cm<sup>-1</sup>)<sup>37</sup> were also detected for 25 wt% ZnO (Figure 7a) and ZnO-Bi<sub>2</sub>O<sub>3</sub> compositions, after treatment with sodium silicate (Figure 7b).

The sample CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> was analyzed by grazing incidence X-ray diffraction in order to determine the presence of crystalline phases of calcium phosphate on the samples surface. In order to increase the surface-to-bulk ratio signal, X-ray diffraction curves with incidence angles  $\omega = 0.25$ , 0.5, 1, 5 and 20° were acquired for each sample. The curves were measured with a step of 0.01° and integration time of 1 s per step. The results obtained are displayed in Figure 8, demonstrating the presence of crystalline calcium phosphate on the surface. The inset of Figure 8(a) shows the calculated intensity ratio between the  $Ca_3(PO_4)_2$  (104) diffraction peak and its neighbor NaCl peak, indicated in the Figure by a dashed-arrow, as a function of the incidence angle. The ratio decreases exponentially as  $\omega$  raises, reinforcing that calcium phosphate is only present on the surface of the samples, as expected. Since the calculated attenuation length of calcium phosphate is around 75 µm for a perpendicular incidence, as shown in the inset of Figure 8(b), and the mean thickness of the surface layer is around tenths of nanometers, it was not possible to remove completely the bulk contribution from the analyses. However, the presence of the calcium phosphate related to X-ray diffraction peaks indicates the presence of a crystalline phase. The Scherrer equation was employed to calculate the mean size of the calcium phosphate ordered domains, resulting in values around 40 nm. Some others samples were also evaluated but presented much difficulty to indentify the phosphate phase on surface due to signal/ noise ratio very high.



**Figure 8.** X-ray diffraction curves acquired at four different incident angles  $\omega = 0.25$ , 0.5, 5 and 20° as a function of the *d*-spacing for two different 2 $\theta$  ranges. The diffraction peaks, relative to the substrate, are labeled by numbers from 1 to 5, while the calcium phosphate peaks are indicated by number 6, together with the respective Miller index (*hkl*). (a) X-ray diffraction curves at low 2 $\theta$  range. The inset shows the ratio intensity between bulk and surface peaks as a function of the incidence angle. (b) X-ray diffraction curves at high 2 $\theta$  values. The inset displays the calculated attenuation length of calcium phosphate, in µm, as a function of the incidence angle.

Results of the cell viability test (MTT) and also macroscopic images of the cultures obtained for qualitative assessment of ALP activity in the presence of compositions are shown in Figure 9. MTT has a yellow color and it is reduced to insoluble purple formazan product when in contact with living cells. The complete solubilization of this precipitate results in a colored solution whose absorbance can be quantified.



**Figure 9.** Cell viability (expressed as absorbance) after day 1 and macroscopic images of *Fast red* TR staining after day 7 of osteoblastic cells growth in the presence of CACH-ZnO (4 wt%), CACH-ZnO (25 wt%), CACH-ZnO-Ag (25:1 wt%) and CACH-ZnO-Bi<sub>2</sub>O<sub>3</sub> (15:10 wt%) compositions. Non-exposed cultures and those exposed to medium containing dimethyl sulfoxide (DMSO) at 10% were used as positive and negative controls, respectively.

The results highlighted higher cell viability for 4 wt% ZnO (1.58±0.01) samples and no significant difference when compared to the positive control (PC, p>0.05). On the other hand, for samples of 25 wt% ZnO, ZnO-Ag and ZnO-Bi<sub>2</sub>O<sub>3</sub> compositions, a significant reduction in the cell viability compared to the PC one (p=0.005, 0.003 and 0.037, respectively) was observed. 4 wt% ZnO composition did not present any meaningful change with ZnO-Bi<sub>2</sub>O<sub>3</sub> (p>0.05), whereas ZnO-Ag and 25 wt% ZnO difference was statistically significant (p=0.013 and 0.021, respectively).

According to the literature, silver nanoparticles (50 nm) exhibit strong cytotoxic effects on osteoblasts and osteoclasts, whereas a weak cytotoxic effect is observed for their microparticles  $(3 \ \mu m)^{38}$ . Bismuth oxide-containing cement allows reduced cell viability, suggesting some cytotoxic effects. However, the thick biocoating, formed after 28-days in SBF, decreased the deleterious effect of bismuth oxide on cell growth<sup>39</sup>. Hidroxyapatite-ZnO composites containing 10 wt% or lower ZnO, exhibited the ability to support cell adhesion and their proliferation<sup>40</sup>.

Increased cell viability, proliferation and ALP activity were also observed for CAC exposed osteogenic cell culture, which was partially attributed to the Ca<sup>2+</sup> levels released by this cement<sup>41</sup>.

Regarding *in vitro* biological responses, the measurements of the alkaline phosphatase (ALP) activity are also important to assess the cell differentiation and the potential of the biological action of materials. ALP is a hydrolase enzyme present in the cells. In the alkaline phosphatase staining method, the enzyme hydrolyzes naphthol phosphate esters resulting in phenolic compounds and phosphates. The phenols attach to colorless diazonium salts (fast red TR) to produce insoluble, colored azo dyes (bright red)<sup>21</sup>.

The ALP activity of a specific composition could highlight its superior capacity to induce mineralization. Nevertheless, the compositions presented an intense color, but no clear differences were detected among them. Thus, it was clear that all cement compositions studied allowed osteoblastic differentiation in vitro.

## 4. Conclusions

CAC-based composition containing  $15:10 \text{ wt\%} \text{ZnO-Bi}_{2}O_3$ showed a suitable radiopacity value (> 3 mmAl). However, the one with 25:1 wt% ZnO-Ag, besides presenting suitable radiopacity (nearly 3 mmAl) for clinical purposes, provided a greater benefit as it does not induce mechanical strength decrease and Ag is added at a very lower content (1 wt%).

Compositions 25 wt% ZnO, 25:1 wt% ZnO-Ag and 15:10 wt% ZnO-Bi<sub>2</sub>O<sub>3</sub> presented pore size decrease after interaction with SBF, indicating apatite precipitation on the materials' surface (bioactivity), which coated the solid surface and filled in the pores. The bioactivity was also indicated by the pH increase and the calcium ions decrease in the SBF and SBF/SS for all compositions studied.

SEM results confirmed that precipitation of the phases occurred on the surface of all compositions. The identification of calcium and mainly phosphorus by EDX and the Raman signature at 960 cm<sup>-1</sup>, corresponding to the phosphate group, attested the compositions' bioactivity after treatment with SBF or SBF/SS.

Regarding the osteoblastic cell viability, the CAC-blend containing 25 wt% ZnO, 25:1 wt% ZnO-Ag and 15:10 wt% ZnO-Bi<sub>2</sub>O<sub>3</sub> presented slightly lower values compared to the positive control. On the other hand, no significant differences were detected for the ALP activity.

This work highlighted that among the studied blends, the 25:1 wt% ZnO-Ag one, is the best to attain suitable radiopacity and presents a better balance when considering the bioactivity, cell viability and mechanical property values.

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